

The bible states that because of sin we have all been separated from God and are all spiritually dead. Only God can make us alive again. This happens when we trust in Jesus alone to help us and save us. When we do this, we become God's child, and a member of his family forever.

*Jesus said, "no-one can see the kingdom of God unless they are born again" (Jn 3:3)*

*"If anyone is in Christ the new creation has come: The old is gone, the new is here!" (2 Cor 5:17)*

## PASSAGES FOR REFLECTION

**Jn 1:12, Col 1:13-14, Eph 1:5**

## REFLECTIVE EXERCISE

*In the past, in what things have you tried to find your meaning and significance?*

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*What does it mean for you to be part of God's family with God himself as your father?*

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## FURTHER REFLECTION

The bible says many things about 'who we are' in Jesus. Spend some time slowly reflecting on the attached list of verses on the next page...

### ***In Christ, I am accepted...***

- *I am God's child. (John 1:12)*
- *As a disciple, I am a friend of Jesus Christ. (John 15:15)*
- *I have been justified. (Romans 5:1)*
- *I am united with the Lord, and I am one with Him in spirit. (1 Corinthians 6:17)*
- *I have been bought with a price and I belong to God. (1 Corinthians 6:19-20)*
- *I am a member of Christ's body. (1 Corinthians 12:27)*
- *I have been chosen by God and adopted as His child. (Ephesians 1:3-8)*
- *I have been redeemed and forgiven of all my sins. (Colossians 1:13-14)*
- *I am complete in Christ. (Colossians 2:9-10)*
- *I have direct access to the throne of grace through Jesus Christ. (Hebrews 4:14-16)*

### ***In Christ, I am secure...***

- *I am free from condemnation. (Romans 8:1-2)*
- *I am assured that God works for my good in all circumstances. (Romans 8:28)*
- *I am free from any condemnation brought against me and I cannot be separated from the love of God. (Romans 8:31-39)*
- *I have been established, anointed and sealed by God. (2 Corinthians 1:21-22)*
- *I am hidden with Christ in God. (Colossians 3:1-4)*
- *I am confident that God will complete the good work He started in me. (Philippians 1:6)*
- *I am a citizen of heaven. (Philippians 3:20)*
- *I have not been given a spirit of fear but of power, love and a sound mind. (2 Timothy 1:7)*
- *I am born of God and the evil one cannot touch me. (1 John 5:18)*

### ***In Christ, I am significant...***

- *I am a branch of Jesus Christ, the true vine, and a channel of His life. (John 15:5)*
- *I have been chosen and appointed to bear fruit. (John 15:16)*
- *I am God's temple. (1 Corinthians 3:16)*
- *I am a minister of reconciliation for God. (2 Corinthians 5:17-21)*
- *I am seated with Jesus Christ in the heavenly realm. (Ephesians 2:6)*
- *I am God's workmanship. (Ephesians 2:10)*
- *I may approach God with freedom and confidence. (Ephesians 3:12)*
- *I can do all things through Christ, who strengthens me. (Philippians 4:13)*